

**What options
are there anyway?**



Youth Exchanges

In an international youth meeting, young people from at least two different countries take part. During the meeting there are activities on many different topics such as sports, media, theater, works, dance, politics or environmental protection. Joint activities are the main focus and are intended to help young people to get to know each other. The great thing about it is that you can work through the program together and design it yourselves. You can make new contacts, learn from each other and broaden your personal horizons.



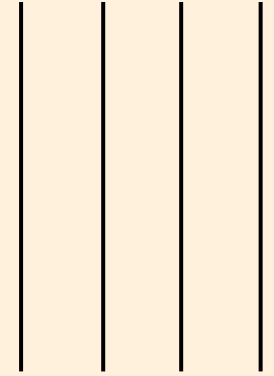
Workcamps

On a workcamp you can work together with young people from different countries, learn their languages and exchange information about their countries and cultures. The work has many options and can be from the social, ecological, cultural or monument preservation area. For example, there are workcamps on youth, nature conservation, education, and renovation projects, as well as on cultural events. This way you can broaden your skills, make new contacts and break down preconceptions.



Volunteer services

During an international voluntary service you can get involved in a non-profit project abroad for a limited period of time. You will be accommodated either with host families or together with other volunteers in a shared accommodation. Volunteer services not only give you the opportunity to help others, but also, they expand your own skills and offer unique experiences. As a rule, a volunteer service lasts between two to twelve months.



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